



MIAMI PEEL® S-30 PROTOCOL

STEPS 1-6 FOR PHYSICIANS

(Optional Steps 7-9 for Medical Estheticians)

1. Cleanse the face twice with Quintessence® Skin Science Purifying Cleanser. A small, soft bristle, circular, facial brush may be used for the second cleansing. This will more deeply exfoliate the stratum corneum before beginning the S-30 peel.
2. Allow the face the completely dry. At this point you may test a small area of the chin or cheek for patient sensitivity level if you feel your patient may be too sensitive for this peel.
3. Protect lips, nasal openings, naso-labial folds and lower eyelids with a petrolatum based product. This should be applied with a cotton swab. Never place a cotton swab that has already touched the patient's face into the salve again. Use the other end if further application is desired, or replace the swab with a new one.
4. Always protect your hands with latex free gloves as you apply the Miami Peel® S-30 directly onto a 4X4 gauze pad. Fold the gauze twice and apply enough of the peel to uniformly cover the entire face or area(s) to be treated. Remember to begin with the chin then swipe the jaw line, move onto the cheeks, being cautious with the naso-labial folds since they can be quite sensitive. The Miami Peel® S-30 should be applied up to the peri-orbital bone ONLY and NOT onto the lower eyelids. Apply to the nose and finally the forehead. Make sure the patient's eyes are closed at all times and ask for feedback as the peel is being applied. The salicylic acid in this peel will become warmer and the client will feel it peek for approximately 3 minutes. If more peel needs to be applied, discard the used gauze pad and begin with a new one. Check for any missed areas and go over them. **NEVER LEAVE YOUR PATIENT UNATTENDED DURING THE PEEL PROCESS.** Remove immediately with cool water if the skin displays excessive erythema. Always listen to patient feedback with regard to any levels of discomfort. Avoid fanning treated area(s) during or after the application and avoid placing the patient under a direct source of air flow as this will diminish the efficacy of the peel.
5. Since this peel is self-neutralizing, it will shut off on its own within 3-5 minutes. Your patient will let you know when it has neutralized since the tingling sensation will cease. A white mask will appear on the face as the product crystallizes and neutralizes.

NOTE – Always check for extreme redness and remove with tepid/cool water if necessary. Also, check for patient skin type since thinner, sensitive or extremely inflamed areas will require less of the product or no product at all. **You may always spot treat any area if you wish. It is not necessary to peel the entire face if sensitivity level is in question.**

6. Remove the peel with tepid/cool water and the Quintessence® Skin Science Purifying Cleanser. This cleanser is extremely gentle to the skin and will soothe the treated area. Apply the Quintessence® Green Tea toner. The toner will re-hydrate and moisturize the treated area(s) as well as make further product applications easier and smoother. Finish by applying abundant Q-Sunshade sun screen for complete UVA/UVB protection.

THIS IS THE COMPLETE MIAMI PEEL® S-30 PROTOCOL FOR PHYSICIANS

Ingredients (INCI): Alcohol Denat. (SD Alcohol 40-B), Salicylic Acid, Aqua (Deionized Water), Aloe Barbadensis Gel, Lecithin, Ascorbic Acid (Vitamin-C), Camellia Sinensis (Green Tea) Extract, Retinyl Palmitate (Vitamin-A), Tocopheryl Acetate (Vitamin-E), Cucumis Sativus (Cucumber) Extract, Hydroxyethylcellulose, Hamamelis Virginiana (Witch Hazel) Extract, Citrus Aurantium Dulcis (Orange) Oil, Citric Acid

MEDICAL ESTHETICIANS WILL REFER TO THE FOLLOWING PAGE TO COMPLETE OPTIONAL STEPS 7-9

OPTIONAL EXTENDED MIAMI PEEL® S-30 PROTOCOL FOR MEDICAL ESTHETICIANS



For Medical Estheticians to continue the extended Miami Peel® S-30 protocol, refer to the preceding page for steps 1 through 6 and then follow steps 7-10 below.

NOTE: If a mild, diamond head micro-dermabrasion and/or extractions are part your skin care protocol this would be the appropriate place for beginning this process. Tone the skin after extractions with Quintessence® Green Tea Toner for a soothing effect and to bring the pH back to neutral.

7. Once the skin has calmed down and is still damp from the toner, apply the Clarifying Under-Eye Serum Capsule. One capsule is enough for both lower lid areas. Do not apply to upper lids.
8. Begin a gentle 5 minute facial massage using approximately 5 pumps of Quintessence® Serum C Formula (to be placed on damp skin). This will slough off any remaining residue from the peel and also embed the Serum C deeply into the epidermal layers. **DO NOT SKIP THIS STEP.** If your client feels a burning sensation from the Serum C, remove it immediately with water and a gauze pad and begin step 9.
9. If you have a High Frequency unit, open a 4X4 woven gauze pad and lay it flat on the face. It should cover the entire area. Begin high frequency treatment for 2-3 minutes. If you do not have High Frequency proceed to step 10.
10. Apply a heavy layer of Quintessence® Keratin Hydrating Gel as a 5 minute mask.
11. Rinse off the skin, tone with Green Tea Toner and apply Quintessence® Skin Brightener if hyperpigmentation is being addressed.

NOTE – Step 9 is extremely important as high frequency kills any remaining bacteria and helps close any opened areas. It tones the pores, imbeds the Serum C deeply into the epidermis, tightens the skin as well as gives it a radiant glow.

12. Follow with the application of Q-Sunshade sun screen for complete protection. A small amount of the sunscreen may be placed onto the lower eyelids as well.

This is the complete optional protocol for medical estheticians. Physicians will only follow this protocol up to step 6 and add sunscreen for protection after the peel.

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